



Week #1— Clam Beach, CA to Reno, NV

Day/Date	Start	End	Route	Distance	Proj. Time	CumDistance	CumWks Days
Sunday	Rest Day						
Monday 6/2	Clam Beach, CA	Willow Creek, CA 1st potential stopping pt.	US-101 to CA200 to CA299	45.5	5 hours	45.5	W1-D1 (71.3)
	Willow Creek, CA	Burnt Ranch, CA	CA-299 Rolling & Mountainous	14.4	1.5 hrs	59.9	
	Burnt Ranch, CA	Del Loma, CA		11.4	1 hour	71.3	
Tuesday 6/3	Del Loma, CA	Helena, CA	CA-299 Rolling & Mountainous	15.4	1.25 hrs	86.7	W1-D2 (36.0)
	Helena, CA	Junction City, CA		6.4	30 min.	93.1	
	Junction City, CA	Weaverville, CA		8.4	45 min	101.5	
	Weaverville, CA	Douglas City, CA Potential stop		6.0	30 min	107.5	
Wednesday 6/4	Douglas City, CA	Whiskeytown, CA	CA-299 CA-273 CA-299 Rolling & Mountainous	28.3	3 hours	135.8	W1-D3 (43.3)
	Whiskeytown, CA	Simpson College Potential stop		15.0	90 min	150.8	
Thursday 6/5	Simpson College	Shingletown, CA	CA-44	28.8	2 hours	179.6	W1-D4 (60.0)
	Shingletown, CA	Mineral, CA		31.2	5.5 hrs	210.8	
Friday 6/6	Mineral, CA	Chester, CA	CA-44	29.4	5 hrs	240.2	W1-D6 (64.2)
	Chester, CA	Susanville, CA		34.8	6 hours	275	
Saturday 6/7	Susanville, CA	Milford, CA	US-395	23.3	2 hours	298.2	W1-D7 (84.4)
	Milford, CA	Reno, NV		61.1	6 Hours	359.3	
End week #1				359.3	41/41	359.3	Wks 1, Days 6



Week #2—Reno, NV to Black Horse, UT

Day/Date	Start	End	Route	Distance	Proj. Time	CumDistance	CumWks Days
Sunday	Rest Day						
Monday 6/9	Reno, NV	Virginia City	NV-341 Dayton Toll Rd. US-50	26.1	3 hours	385.4	W2-D7 (49.3)
	Virginia City	Dayton, NV (toll)		8.2	45 min	393.6	
	Dayton, NV	Stagecoach, NV		15.0	1 hour	408.6	
Tuesday 6/10	Stagecoach, NV	Massie, NV	US-50	25.6	2 hours	434.2	W2-D8 (51.7)
				26.1	3 hours	385.4	
	Massie, NV	Fallon, NV		8.9	45 min	443.1	
	Frenchman, NV	Middlegate, NV		13.8	1 hour	456.9	
Wednesday 6/11	Middlegate, NV	Clan Alpine, NV	US-50	18.4	1.5 hrs	475.3	W2-D9 (65.8)
	Clan Alpine, NV	Petersons Mill, NV		23.6	2 hours	498.9	
	Petersons Mill, NV	Austin, NV		23.8	2 hours	522.7	
Thursday 6/12	Austin, NV	Eureka, NV	US-50	69.6	7 hours	592.3	W2-D10 (69.6)
Friday 6/13	Eureka, NV	Hamilton, NV	US-50	40.9	4 hours	633.2	W2-D11 (40.9)
Saturday 6/14	Hamilton, NV	Ely, NV	US-50	35.9	3.5 hrs	669.1	W2-D12 (106.2)
	Ely, NV	Hogum, NV	US-50/US-6	35.3	3.5 hrs.	704.6	
	Hogum, NV	Black Horse, NV	US-50/US-6	14.8	1.5 hrs	719.4	
	Black Horse, NV	Baker, NV	US-6 & 50	12.3	4 hrs.	731.7	
	Baker, NV	Garrison, UT	NV 487	7.9	1.5 hrs	739.6	
End week #2				334.0	28.5/69.5	719.4	Wks 2, Days 14



Week #3—Black Horse, UT to Escalante, UT

Day/Date	Start	End	Route	Distance	Proj. Time	CumDistance	CumWks Days
Sunday	Rest Day						
Monday 6/16	Garrison, UT	Frisco, UT	UT-21	61.6	5.5 hrs	801.2	W3-D15 (61.6)
Tuesday 6/17	Frisco, UT	Milford, UT	UT-21	13.6	1 hour	814.8	W3-D16 (27.2)
	Milford, UT	Minersville, UT		13.6	1 hour	828.4	
Wednesday 6/18							
Thursday 6/19	Grand Canyon	Auto trip	US-89 AZ-67	188.6 x2	24-36 hrs	400 miles	Rest Day
Friday 6/20	Beaver, UT	Panguitch, UT	UT 20 & US 89	30.5	3 hrs.	858.9	W3-D17 (68.1)
	Panguitch, UT	Cannonville, UT		32.5	2 hrs	891.4	
Saturday 6/21	Cannonville, UT	Escalante, UT	UT-12	33.9	2.5 hrs	925.3	W3-D18 (91.1)
	Escalante, UT	Boulder, UT		27.4	3 hrs		
	Boulder, UT	Grover, UT	UT-12 & UT-24	29.3	3 hrs	954.6	
End of week #3				173.6	35.5/105		Wks 3, Days 18



Week #4—Escalante, UT to Telluride, CO

Day/Date	Start	End	Route	Distance	Proj. Time	CumDistance	CumWks Days
Sunday	Rest Day						
Monday 6/23	Grover, UT	Torrey, UT	UT-12 & UT-24	33.7	3.5 hrs	988.3	W4-D19 (81.4)
	Torrey, UT	Hanksville, UT		47.7	2 hrs	1008.2	
Tuesday 6/24	Hanksville, UT	Blanding, UT	UT-95	125.6	13 hrs	1133.8	W4-D20 (125.6)
Wednesday 6/25	Blanding, UT	Monticello, UT	US-191	20.4	2 hrs	1154.2	W4-D21 (46.0)
	Monticello, UT	Dove Creek, CO		25.6	2 hrs	1179.8	
Thursday 6/26	Dove Creek, CO	Dolores, CO	US-491—CO-184 CO-145	34.8	3 hrs	1214.6	W4-D22 (59.5)
	Dolores, CO	Priest Gulch, CO		24.7	3 hrs	1250.5	
Friday 6/27	Priest Gulch, CO	Telluride, CO	CO-145	64.2	3 hrs	1278.8	W4-D23 (64.2)
Saturday 6/28	Telluride, CO	Sawpit, CO	CO-145	12.1	1 hr	1290.9	W4-D24 (65.7)
	Sawpit, CO	Placerville, CO	CO-62	3.3	.25	1294.2	
	Placerville, CO	Ridgway, CO	US-550	23.6	2 hrs	1317.8	
	Ridgway, CO	Montrose, CO		26.7	2 hrs	1344.5	
End of week #4				380.9	37.5 /142.5	1278.8	Wks 4, Days 24



Week #5—Telluride, CO to Cope, CO

Day/Date	Start	End	Route	Distance	Proj. Time	CumDistance	CumWks Days
Sunday	Rest Day						
Monday 6/30	Montrose, CO	Gunnison CO	US-50	64.4	6 hrs	1408.9	W5-D25 (64.4)
Tuesday 7/1	Gunnison, CO Several miles of 7% climbing to Poncha Springs	Poncha Springs, CO	US-50	60.0	6 hrs	1468.9	W5-D26 (65.2)
	Poncha Springs, CO	Salida, CO		5.2	30 min	1474.1	
Wednesday 7/2	Salida, CO	Johnson Village, CO	US-285	16.8	2 hrs	1490.9	W5-D27 (53.4)
	Johnson Vill., CO Newett, CO	Newett, CO Glentivar, CO	US-24	12.1 24.5	1 hr 2 hrs	1503.0 1527.5	
Thursday 7/3	Glentivar, CO	Mule Creek Outfitters	US-24	15.1	1 hr	1542.6	W5-D28 (59.5)
	Mule Creek Outfitters	Woodland Park (climb)		25.7	4.75 hrs	1568.3	
	Woodland Park, CO	Cascade, CO		8.8	1 hr	1577.1	
	Cascade, CO	Manitou Springs, CO		4.2	3 hrs.	1581.3	
	Manitou Springs, CO	Colorado Springs, CO		5.7	1 hr	1587.0	
Friday 7/4	Colorado Springs, CO	Limon, CO	US 24	69.6	6 hours	1651.2	W5-D29 (69.6.4) (6 hrs.)
Saturday 7/5	Limon, CO	Arriba, CO	CO 71, 3J, 3H CR 43, 3J, V, CR 6 CR DD, CO 59	25.4	2 hours	1676.6	W5-D30
	Arriba	Flagler, CO		11.5	50 min	1688.1	
	Flagler, CO	Cope, CO		35.5	2 hrs	1723.6	
End of week #5				308.2	33/175.5	1587.0	Wks 5, Days 30

Grover, ut



Week #6—Cope, CO to Glenwood, IA

Day/Date	Start	End	Route	Distance	Proj. Time	CumDistance	CumWks Days
Sunday	Rest Day						
Monday 7/7	Cope, CO	St Francis, KS	US36, US 36/385, US 36	50.0	3 hrs	1773.6	W6-D31 (74.0) (5 hrs)
	St Francis, KS	Bird City, KS		15.0	1 hrs		
	Bird City	McDonald, KS		9.0	1 hrs	1782.6	
Tuesday 7/8	McDonald, KS	Atwood, KS	U.S. 36	18.0	90 min	1800.6	W6-D32 (90.9) (6-7 hrs)
	Atwood, KS	Oberlin, KS		27.0	90 min	1827.6	
	Oberlin, KS	Norcatatur		18.0	30 min	1845.6	
	Norcatatur. KS	Norton, KS		16.0	45 min	1861.6	
	Norton, KS	Almena, KS		11.0	45 min	1872.6	
Wednesday 7/9	Almena, KS	Woodruff, KS	U.S. 36-US183 US 6/34	17.0	60 min	1889.6	W6-D33 (83.0) (5-6 hours)
	Woodruff, KS	Alma, NE		10.0	1 hr	1899.6	
	Alma, KS	Holdrege, NE		23.0	1 hr	1922.6	
	Holdrege, NE	Minden, NE		22.0	75 min	1944.6	
	Minden, NE	Heartwell, NE		11.0	30 min	1955.6	
Thursday 7/10	Heartwell, NE	Hastings, NE	U.S. 6/34	21.5	70 min	1977.1	W6-D34 51.5 (3.5 hours)
	Hastings, NE	Sutton, NE	U.S. 6	30.0	2 hrs	2007.1	
Friday 7/11	Sutton, NE	Dorchester, NE	U.S. 6	39.0	2.5 hrs	2046.1	W6-D35 63.0 (4 hours)
	Dorchester	Milford, NE		12.0	1 hr	2058.1	
	Milford, NE	Lincoln, NE		12.0	1 hr	2070.1	
Saturday 7/12	Lincoln	Waverly, NE	U.S. 6	9.0	1 hr	2079.1	W6-D36 88.0 (6 hours)
	Waverly, NE	Ashland, NE		15.0	1 hr	2094.1	
	Ashland, NE	Omaha, NE		31.0	2 hrs.	2125.1	
	Omaha, NE	Glenwood, IA	U.S. 34	33.0	2 hrs.	2158.1	
End Week #6				450.4	30/205.5	2125.1	Wks 6, Days 36



Week #7—Glenwood, IA to Indianapolis, IN

Day/Date	Start	End	Route	Distance	Proj. Time	CumDistance	CumWks Days
Sunday	Rest Day						
Mon 7/14	Glenwood, IA	Red Oak, IA	U.S. 34	27.0	2 hrs	2185.1	W7-D37 (106.0)
	Red Oak, IA	Corning, IA	U.S. 34	26.0	1.5 hrs	2211.1	
	Corning, IA	Afton, IA	U.S. 34 & Co 37/205th US169	31.0	2 hrs.	2242.1	
	Afton, IA	Osceola, IA	U.S. 34	22.0	1.5 hrs	2264.1	
Tues 7/15	Osceola, IA	Chariton, IA	U.S. 34	25.0	1.5 hrs	2289.0	W7-D38 (96.6)
	Chariton, IA	Albia, IA		27.0	2 hrs	2316.0	
	Albia, IA	Bladensburg, IA		21.6	1 hrs	2337.6	
	Bladensburg, IA	Fairfield, IA		23.0	1.5 hrs	2360.6	
Wed 7/16	Fairfield, IA	Mt. Pleasant, IA	U.S. 34	21.2	1.5 hrs	2381.8	W7-D39 (77.2) (5.5 hrs)
	Fairfield, IA	Burlington, IA	U.S. 34- 800e—Mynatts Rd.	28.0	2 hrs	2409.8	
	Burlington, IA	Roseville, IL		29.0	2 hrs	2438.0	
Thurs 7/17	Roseville, IL	Farmington, IL	U.S. 34-800e- Mynatts Rd.- Miford-Dowell Rd. to IL-94 to IL 116	36.0	2.5 hrs	2459.8	W7-D40 (91.0) (7 hrs)
	Farmington, IL	Peoria, IL		21.0	1 hr	2470.8	
	Peoria, IL	Eureka, IL		20.0	75 min	2490.8	
	Eureka, IL	El Paso, IL		14.0	60 min	2504.8	
Fri 7/18	El Paso, IL	Chatsworth, IL	US-24	37.0	2 hrs	2541.8	W7-D41 (109.0) (8 hrs)
	Chatsworth, IL	Gillman, IL		17.0	55 min	2558.8	
	Gillman, IL	Kentland, IN	US-24/52	20.0	65 min	2578.8	
	Kentland, IN	Fowler, IN	US 41/52	13.0	45 min	2591.8	
	Fowler, IN	Klondike, IN	US 52	22.0	90 min	2613.8	
Sat 7/19	W. Lafayette, IN	Munroe, IN	US 52	17.0	1 hrs.	2630.8	W7-D42 (73.0) (5 hrs.)
	Munroe, IN	Lebanon, IN	SR 32 -E100/650e	22.0	1.5 hrs	2652.8	
	Lebanon, IN	Carmel, IN	E200s to 156th Towne Rd 146 th	20.0	1.5 hrs	2672.8	
	Carmel, IN	Indianapolis, IN	Hazel Dell 96th to Hague to 82nd	14.0	1 hrs.	2686.8	
End of week #7				555.8	32/237.5	2686.8	Wks 7, Days 42



Week #8—Indianapolis, IN – Barcelona, NY

Day/Date	Start	End	Route	Distance	Proj. Time	CumDistance	CumWks Days
Sunday	Rest Day						
Monday 7/21	Indianapolis, IN	Anderson, IN	Various US 36 IN 9	26.0	4 hrs	2712.8	W9-D43 (73.0)
	Anderson, IN	Alexandria, IN		10.0	3.5 hrs	2722.8	
	Alexandria, IN	Marion, IN		22.0	1 hr	2744.8	
	Marion, IN	Mt Etna, IN		15.0	2 hrs	2759.8	
Tuesday 7/22	Mt Etna, IN	Bluffton, IN	IN 124 IN 1 to US 224- IN 101 US-24	22.0	2 hrs	2781.8	W9-D44 (95.0)
	Bluffton, IN	Decatur, IN		17.0	2.5 hrs	2798.8	
	Decatur, IN	Woodburn OH		25.0			
	Woodburn OH	Defiance, OH		31.0	6 hrs.	2854.8	
Wednesda y 7/23	Defiance, OH	Napoleon, OH	US 24	13.0	1 hr	2933.8	W9-D45 (79.0)
	Napoleon, OH	Grand Rapids, OH		15.0	1 hr		
	Grand Rapids, OH	Waterville, OH		10.0	1.5 hrs		
	Waterville, OH	Toledo, OH	OH-25 OH-2	15.0	1 hr		
	Toledo, OH	Locust Point, OH		26.0	1.5 hrs		
Thursday 7/24	Locust Point, OH	Port Clinton, OH	OH-2 & US-6	10.0	1 hr	2990.8	W9-D46 (57.0)
	Port Clinton, OH	Bogart, OH		19.5	30 min		
	Bogart, OH	Huron, OH		5.5	1.5 hrs		
	Huron, OH	Vermillion, OH	US-6	11.0	1.5 hrs		
	Vermillion, OH	Lorain, OH		11.0	1 hr		
Friday 7/25	Lorain, OH	Lakewood, OH	US-6	21.0	1 hr	3072.8	W9-D47 (82.0)
	Lakewood, OH	Cleveland, OH	Cleveland Mem. Hwy - St Clair 105th to OH 283/Lake shore Blvd Austin Rd/209- Lake Rd/531	7.0	3.5 hrs		
	Cleveland, OH	Painesville, OH		32.0	1.5 hrs		
	Painesville, OH	Geneva on the Lake, OH		22.0	1.25 hrs		
Saturday 7/26	Geneva on the Lake, OH	Ashtabula, OH	-Lake Rd/531	8.0	30 min	3121.8	W9-D48 (49.0)
	Ashtabula, OH	Conneaut, OH	Lake Rd/531 to OH 7	12.0	45 min		
	Conneaut, OH	Lake City, PA	US-20- OH-5	13.0	45 min		
	Lake City	Erie, PA	OH-5	16.0			
Extra	Erie, PA	Barcelona, NY	US-62 SR-227, Davey Hill Rd. US-62	29.0	(2.0 hrs)	3150.8	W9-D48 (29.0)
End of week #8				464.0	38.5/276		Wks 8, Days 48



Week # 9—Barcelona, NY to Cadyville, NY

Day/Date	Start	End	Route	Distance	Proj. Time	CumDistance	CumWks Days
Sunday	Rest Day						
Monday 7/28	Barcelona, NY	Dunkirk, NY	NY-5	17.0	(1 hr)		W9-D49 (83.0)
	Dunkirk, NY	Silver Creek, NY	SR-346 to SR-16	10.0	40 min		
	Silver Creek, NY	Depew, NY	OH-5 to US-20	38.0	2 hrs		
	Depew, NY	Lockport, NY	US 20	18.0	1 hr	3233.8	
Tuesday 7/29	Lockport, PA	Medina, NY	SR 417	17.0	1 hr		W9-D50 (90.0)
	Medina, NY	Albion, NY	NY 10 - 31 -79	12.0	1 hr		
	Albion	Brockport, NY	NY 31 - 221	14.0	1 hr		
	Brockport, NY	Rochester, NY	221- Ridge Rd. -lake Ave	18.1	1 hr		
	Rochester, NY	Ontario on the Lake, NY	Lake Av to St Paul to Ridge Rd - Culver Rd- Lake Rd	17.0	1 hr	3312.9	
	Ontario on the Lake, NY	Holland Cove, NY	Lake Ave/NY 1	11.1	40 min	3323.1	
Wednesday 7/30	Holland Cove, NY	Wolcott, NY	Lake Ave/NY 1	20.0	1 hr		W9-D51 (59.0)
	Wolcott, NY	Fulton, NY	Maple Rd.	24.0	1.5 hrs	3368.0	
	Fulton, NY	Mexico, NY	NY 104	15.0	1 hr	3383.0	
Thursday 7/31	Mexico, NY	Pulaski, NY	NY 3 to 104 to Tubbs to CR 41 to Loomis to US-11	9.0	30 min		W9-D52 (50.0)
	Pulaski, NY	Adams, NY	US-11	18.0	1 hrs	3410.0	
	Adams, NY	Champion, NY	Church St CR-69 CR 163	23.0	1.5 hrs	3433.0	
Friday 8/1	Champion, NY	Carthage, NY	NY 126	6.0	30 min		W9-D53 (84.0)
	Carthage, NY	Natural Bridge, NY	CR42 - Hogsback Rd	9.0	1 hr		
	Natural Bridge, NY	Star Lake, NY	NY 3	30.0		3478.0	
	Star Lake, NY	Cranberry Lake, NY		14.0	1.5 hrs	3492.0	
Saturday 8/2	Cranberry Lake, NY	Tupper Lake, NY	NY 3	25.0	2 hrs	3517.0	W9-D54 (90.0)
	Tupper Lake, NY	Saranac Lake, NY		20.0	90 min	3537.0	
	Saranac Lake, NY	Cadyville, NY		45.0	2.5 hrs	3582.0	
End of week #9				461.0	25/301	3582.0	Wks 9, Days 54



Week #10—Cadyville, NY to Old Orchard, ME

Day/Date	Start	End	Route	Distance	Proj. Time	CumDistance	CumWks Days
Sunday	Rest Day						
Monday 8/4	Cadyville, NY	Grande Isle Ferry	374 to 22 to US 9 to SR314 US 2 to US-7 to VT-104 to VT-15	15.0	1 hr	3597.0	W10-D55 (90.0)
	Grande Isle, VT	Jeffersonville, VT		36.0	3.5 hrs	3633.0	
	Jeffersonville, VT	Morrisville, VT		13.0	1 hr	3646.0	
	Morrisville, VT	St. Johnsbury, VT		36.0	3.5 hrs	3682.0	
Tuesday 8/5	St. Johnsbury, VT	Littleton, NH	VT-18 & NH-135	19.0	2 hrs	3701.0	W10-D56 (66.0)
	Littleton, NH	North Conway, NH		47.0	4.5 hrs	3748.0	
Wednesday 8/6	North Conway, NH	Fryeburg, ME	NH-5—113 M- 117 M-5	11.0	1 hr	3759.0	W10-D57 (69.0)
	Fryeburg, ME	Arrowhead Lake, ME		32.0	3 hrs	3791.0	
	Arrowhead Lake, ME	Old Orchard Beach, ME	M-5	26.0	2.5 hrs	3817.0	
End of week #10				225.0	22/323		Wks 10, Days 57