

PACKING LIST



GROUP LEADER

- First-aid kit
- Passport copies
- Gifts for missionaries!

TRAVEL WEAR

- Walking shoes
- Comfy clothes
- Watch
- Sweatshirt/jacket

CARRY-ON*

- Tickets
- Passport/visa
- Money
- One change of clothes
- Bible
- Camera
- Prescription meds
- Notebook/pen

**Be sure to check the following link for approved carry-on items:
<http://www.tsa.gov/travelers/airtravel/prohibited/permitted-prohibited-items.shtm#content>*

This list contains SUGGESTED ITEMS. There may be items you don't wish to bring or items you do want to bring that aren't on the list.

- | | | |
|--|--|---|
| <input type="checkbox"/> 1 set of church clothes | <input type="checkbox"/> Toothbrush/paste | <input type="checkbox"/> Toilet paper |
| <input type="checkbox"/> 3-4 conservative outfits*** | <input type="checkbox"/> Shampoo/conditioner | <input type="checkbox"/> Bug spray |
| <input type="checkbox"/> Swim suit | <input type="checkbox"/> Soap | <input type="checkbox"/> Sunglasses |
| <input type="checkbox"/> Undergarments | <input type="checkbox"/> Deodorant | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Sweatshirt/jacket | <input type="checkbox"/> Shaving supplies | <input type="checkbox"/> Pain reliever |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Flashlight | <input type="checkbox"/> Rain gear |
| <input type="checkbox"/> Shower sandals | <input type="checkbox"/> Imodium AD | <input type="checkbox"/> Bed sheets if not provided at site |
| <input type="checkbox"/> Towel | <input type="checkbox"/> Pepto Bismol | |
| <input type="checkbox"/> Full water bottle | <input type="checkbox"/> Hand sanitizer | |
| <input type="checkbox"/> Toiletries | <input type="checkbox"/> Tissues | |

***Check if the host country provides laundry facilities. If not, bring enough clothes for entire stay!